

Community Disaster Preparedness



Nobody Left Behind

Disaster Preparedness for Persons with Mobility Impairments

For information on 18" x 24" full color posters
please contact Pam Willits at pwillits@ku.edu

Disaster Do's and Don'ts Checklist

✓	Do get involved at work, housing unit & in public disaster planning.
✗	Don't wait until a disaster, and people with disabilities are left behind.
✓	Do get prepared at home and expand preparedness to public settings.
✗	Don't assume evacuation plans exist for persons with disabilities.
✓	Do form an 'Accessibility Committee' at work and other public places.
✗	Don't assume you'll be evacuating with everyone else.
✓	Do explore evacuation options with emergency managers & others.
✗	Don't overlook alternatives, such as evacuation chairs.
✓	Do share the plan with all those in the building and then practice it.
✗	Don't wait until the disaster to raise awareness on disability issues.
✓	Do learn about disasters and disabilities and share that knowledge.
✗	Don't forget to check shelter accessibility & service animal provisions.
✓	Do talk to local emergency managers and Red Cross about ADA.
✗	Don't wait to train and educate others about the plan procedures.
✓	Do initiate talking to emergency managers, responders, and Red Cross.
✗	Don't forget to develop a network of supporters who can assist you.
✓	Do remember getting involved so that "Nobody Is Left Behind".

visit www.nobodyleftbehind2.org for more info

Created by the Research and Training Center on Independent Living at the University of Kansas by a grant from the Centers of Disease Control and Prevention through the Association of Teachers of Preventive Medicine (TS#-0840). This poster's contents are from persons with mobility limitations who submitted an on-line consumer survey that pertained to their disaster or emergency experiences and do not necessarily reflect the views of the researchers, funder, or the University of Kansas. For more information: 785- 864-4095 or 785-864-0706 (TDD)
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Individual Disaster Preparedness



Nobody Left Behind

Disaster Preparedness for Persons with Mobility Impairments

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Disaster Do's and Don'ts Checklist

- ✓ Do create an individualized emergency plan.
- ✗ *Don't wait until it happens to you.*
- ✓ Do assemble a "to go" kit which includes a week's supply of meds.
- ✗ *Don't forget to conduct quarterly drills of your personal plan.*
- ✓ Do register with or form a registry with emergency responders.
- ✗ *Don't leave out those who can assist you in the planning process.*
- ✓ Do develop a network of family, friends, and neighbors to assist.
- ✗ *Don't forget a flashlight, radio and two routes for exiting your home.*
- ✓ Do check out accessibility of local shelters and hotels.
- ✗ *Don't put yourself in a dangerous situation when the power goes out.*
- ✓ Do have a portable generator or adaptor and car battery for power.
- ✗ *Don't think it won't happen to you.*
- ✓ Do have adequate rental or home insurance.
- ✗ *Don't forget small details, including having extra ready cash.*
- ✓ Do get training on and then direct others to turn off gas and water.
- ✗ *Don't procrastinate with safety.*
- ✓ Do heed early warnings to allow time for evacuation or taking cover.

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